

Feedback from 11-09 HIPP workshop in Takoma

Feelings:

Hearing stories shared was really heart-warming; deep. It will stay in my mind.. and I would like to keep hearing them. Hopeful, inspired

Blessed to have the chance to share the room with so many gifted and passionate people. Enriched, humbled

Training was great. Feel everyone took a look at themselves

I feel very prepared and capable in delivering HIPP's message

I love this program and like the teachers

I feel this program helped me connect with myself emotionally

I feel that this will really work

Relieved; hopeful

Feel as if it can help me resolve my conflicts

Content

Encouraged

I feel invigorated and excited to get started with planning and implementation at Coolidge

Connected; trust; encouragement; compassion

Konfident

Confident to stand up and discuss HIP objectives

I feel confident in my new skills and ability to implement them. I feel less judgemental or the need to release judgement more rapidly.

Tools:

How to facilitate; patience; sharing

This book is going to really help me incorporate this seamlessly into my classroom. In addition, it has given me confidence to lead this.

The manual is the best gift I could have other than the connections to all those here!

I feel that this will be a life skill I can use for every this

Fun game for community and the power of the koosh

Don't judge

Fun games for adults

HIPP manual

The tools to accept difference

Speaking skills are important

Koosh; respect; understanding

Great activities; fun and deep; lighter approach to talking piece circle work

I have gained and learned multiple skills: analytical, emotional and verbal; tools for life

HIP program manual is resourceful

How to create space for win/win; strategies to use in personal life and workplace; connection (most powerful) – lifts

A lot of great exercises; tools to excite and tools to calm down; Follow up questions to exercises; match exercises to themes

Thoughts:

Popcorn style v. rounds (plus/delta)

Inspiring students! & ways to inspire young people; mix it deeper & lightness; how & where to use my skills?

This was a very helpful workshop that everybody should try to get involved with

I think my students perceptions about older people, white people and police officers have been challenged in a great way.

Everyone is on one accord in dealing with conflict. Great course.

This is a wonderful program and I am so glad I had the opportunity to participate in the training. I am excited about what I have learned and can't wait to share this info with my colleagues and students.

Hard to not go all the way with some conversations.

I think that this program gave me what it ???

I think that this workshop is worthwhile. I think many people can benefit from the basic impact of the two day skill builder

I think I can help others and share what I've learned

This will help prevent conflicts

This is going to be a powerful tool to implement at Coolidge and help teachers, students and community be one

I have developed good ideas in my approach to evaluate and resolve conflicts

I think this program equipped me with the tools to help me change the world

Provoking sensitivity

Wow conflicts are very common

This can work